

מִוֹדָה אֲנִי לְפָנֶיךָ מֶלֶךְ חַי וְקַיִם שֶׁהַחַיָּתָהּ בִּי
נִשְׁמָתִי בְּחַמְלָה, רַבָּה אֱמוּנָתְךָ

I THANK YOU HASHEM FOR RETURNING
MY SOUL (MODEH ANI PRAYER)



As soon as a person wakes up, even before washing his hands, he must thank Hashem for giving him back his neshama (soul) and letting him start again. He does this by saying the Modeh Ani Prayer. The correct way to say this prayer is to start with the

prayer is to start with the word "Modeh", continue until "Bechemla", stop for a moment, and finish with "Rabah Emunasecha." The meaning of the Modeh Ani Prayer is: "I thank you King who lives forever, that you gave my soul back to me with mercy (stop), your promises are very true."