

לְהִמָּנַע מִנְּגִיעָה בַּמְּקוֹמוֹת מְכֻסָּיִם

COVERED PLACES SHOULD NOT BE SCRATCHED



In the middle of davening or learning, a person should not touch the top part of his arms. Also, he may not scratch his head. If a person did touch these

these places, then he should wash his hands. If he is not near water, then he can wipe his hands on something. He should be sure that he rubs both hands completely.