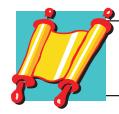
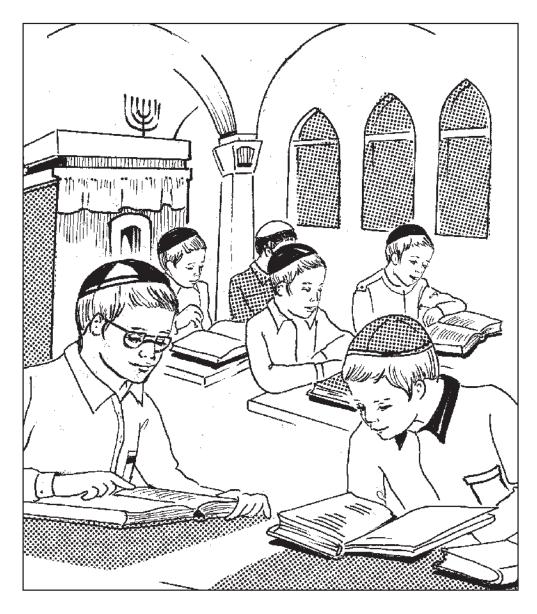
פַת שַׁתְרִית



SETTING A REGULAR TIME TO LEARN TORAH





Each day, a special time for learning should be set aside both in the morning and in the evening. It is best to learn immediately after davening and before going to work. When the Second Temple was destroyed, Hashem forgave the Jewish people for the

for the three worst sins, but He did not forgive them for ignoring the Torah. This shows us how important it is to set aside time to learn. Just as a person cannot live without food, the soul cannot live without Torah.