

MAKING THE BRACHA ON BREAD



We should make a bracha before eating bread. This bracha praises Hashem for making wheat grow from the ground so that we can make bread. It is best to make the bracha on the whole loaf of bread before cutting it. We should put all ten fingers on the loaf, because there are ten words in the posuk that speak

the posuk that speak about Hashem making sure that we have bread to eat (Psalms 144). There are also ten words in the bracha itself. The bread should be dipped in salt before eating it, which reminds us of the salt used on korbanos (sacrifices), during the time of the Holy Temple.