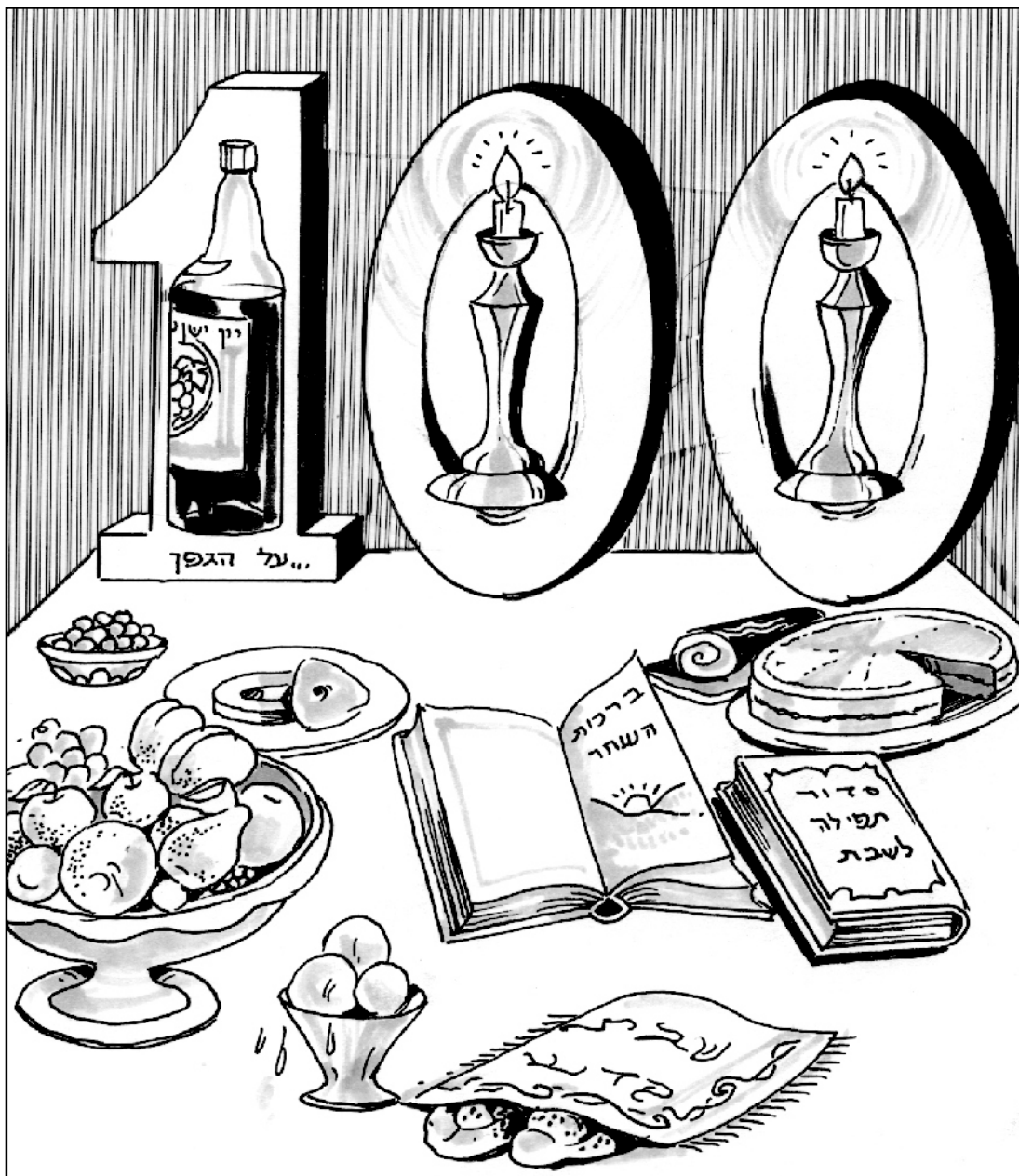


100 BRACHOS ARE SAID ON SHABBOS



It is traditional to recite 100 Brachos each day. However, while each weekday Shemoneh Esrei has nineteen Brachos,

the Shabbos Shemoneh Esrei has only seven. We make up for the missing Brachos, by adding an extra meal and by eating special Shabbos snacks.

